

# Alicia D. Hart, MMFT, MDiv. Ed.S., LMFT

## AUTHORIZATION TO OBTAIN/RELEASE CONFIDENTIAL INFORMATION

I, \_\_\_\_\_, SSN: \_\_\_\_\_ DOB: \_\_\_\_\_

(Name of Client)

by completing and signing this form, understand that at times an important aspect of counseling/therapy is coordination/consultation with other individuals, health care providers or community agencies which may be of assistance to me or my family. I also understand that at times it is necessary to communicate with insurance companies to facilitate reimbursement. Therefore, I hereby authorize and request for my therapist to communicate with the individual(s) or agency listed below:

\_\_\_\_\_  
(Individual(s)/Agency Name)

\_\_\_\_\_  
(Address and Phone/Fax Number)

may release/receive all confidential medical, psychological, psychiatric, alcohol and drug treatment, education, legal and/or other appropriate information required in the course of my evaluation and treatment (or those of my minor children) to/from:

\_\_\_\_\_ Alicia D. Hart, Therapist

- Exceptions:
- I specifically request that the therapist only **Release To** the listed agency/individual(s).
  - I specifically request that the therapist only **Receive From** the listed agency/individual(s).
  - I specifically request that only verbal communication of information be exchanged between the therapist and the listed agency/individual.
  - Other: \_\_\_\_\_

*I understand that under state and federal confidentiality provisions only the above specified information can be released to only the above specified person or agency. I also understand that I may revoke this release of information at any time, providing that I notify the authorized agency in writing to this effect, but that revocation has no effect on action previously taken.*

*In consideration of this consent, I hereby release the above parties from any legal liability for the release of information.*

This consent will expire one year from date this release is signed,  
unless other wise noted by the following date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Client, Parent, Guardian \_\_\_\_\_ Date \_\_\_\_\_